



Help when you need it.

Call 1300 651 251
suicideline.org.au

SuicideLine Victoria is a free
24/7 telephone and online
counselling service for those
at risk and vulnerable.



[suicidelinevic](https://www.facebook.com/suicidelinevic)



[@suicideline](https://twitter.com/suicideline)

SuicideLine Victoria provides free 24/7 telephone and online counselling for people impacted by suicide and for anyone experiencing mental health issues.

We can help people aged 15 years and over who are:

- Thinking about suicide
- Concerned about someone at risk
- Bereaved by suicide
- Experiencing emotional or mental health issues

Our professional counsellors ensure that all callers are kept safe and supported during their time of need.

As the only state-based telephone service in Australia dedicated to suicide prevention, SuicideLine provides vital support to thousands of Victorians each year.

SuicideLine also offers multi-session counselling and case coordination providing additional support to clients presenting with a low to moderate risk. To refer a client, visit suicideline.org.au/health-professionals

If you need to speak to a counsellor,

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